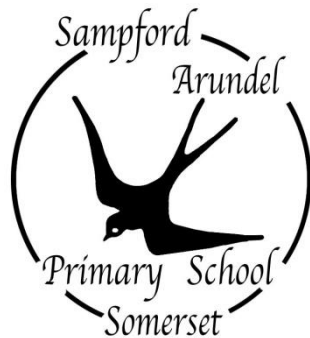
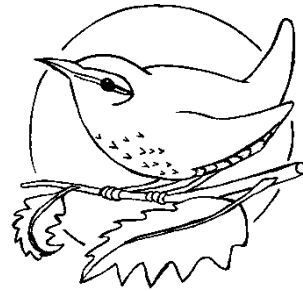


Wellington Area Rural Federation

Sampford Arundel Primary School



Stawley Primary School



RHSE POLICY

Relationships, Health and Sex Education Policy

September 2024

Status:	NON-STATUTORY
Responsible person:	Jacqui Collier
Responsible Governor:	Ben Burden-Cooper
Ratified by the Head Teacher:	September 2023
Date first approved by the Governing Body:	September 2019
Review Period:	Triannually
Review Date:	September 2026

Sampford Arundel and Stawley Primary Schools
RHSE Policy 2024

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1. Aims

The aims of relationships and sex education (RSE) at our school are to:

- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies

2. Statutory requirements

As a maintained primary school, we must provide relationships education to all pupils as per section 34 of the [Children and Social work act 2017](#).

However, we are not required to provide sex education but we do need to teach the elements of sex education contained in the science curriculum.

In teaching RSE, we must have regard to [guidance](#) issued by the secretary of state as outlined in section 403 of the [Education Act 1996](#).

At Sampford Arundel and Stawley Primary Schools we teach RSE as set out in this policy.

3. Policy development

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

1. Review – a member of staff or working group pulled together all relevant information including relevant national and local guidance
2. Staff consultation – all school staff were given the opportunity to look at the policy and make recommendations
3. Parent/stakeholder consultation – parents and any interested parties were invited to attend a meeting about the policy
4. Pupil consultation – we investigated what exactly pupils want from their RSE
5. Ratification – once amendments were made, the policy was shared with governors and ratified

4. Definition

RSE is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

RSE involves a combination of sharing information and exploring issues and values.

5. Curriculum

Our curriculum is set out as per Appendix 1, but we may need to adapt it as and when necessary.

We have developed the curriculum in consultation with parents, pupils and staff, considering the age, needs and feelings of pupils. If pupils ask questions outside the scope of this policy, teachers will respond in an appropriate manner, so they are fully informed and do not seek answers online.

Primary sex education will focus on:

Preparing boys and girls for the changes that adolescence brings

How a baby is conceived and born

For more information about our curriculum, see our curriculum map in Appendix 1.

The vast majority of RSHE is compulsory. There is no right to withdraw from Relationships Education or Health Education.

Parents and carers are only able to request that their child is excused from Sex Education, taught outside of the national curriculum for science. In Sampford Arundel and Stawley Primary Schools we will only deliver the required content from the Science Curriculum.

If a parent wishes their child to be excused from some or all of Sex Education, they should discuss this with the Headteacher, making clear which aspects of the programme they do not wish their child to participate in.

The Headteacher will outline to parents/carers the benefits of receiving this important education and any detrimental effects that withdrawal might have on the child. This could include any social and emotional effects of being excluded as well as the likelihood of the child hearing their peers' version of what was said in the classes rather than what was directly said by the teacher (although detrimental effects may be mitigated if the parents/carers propose to deliver sex education to their child at home instead).

Once a decision has been made, parents/carers must inform the school in writing stating their reasons as to why they would like their child withdrawn. Once these discussions have taken place, except in exceptional circumstances, our school will respect a parent/carers' request to have their child excused from non-statutory sex education. The school will document this process.

Every year, we will invite Upper KS2 parents to an RSE Workshop in **Term 5** to inform parents of the content and right to withdraw before teaching commences in Term 6. Further information will be given closer to the time.

6. Delivery of RSE

RSE is taught within the personal, social, health and economic (PSHE) education curriculum. Biological aspects of RSE are taught within the science curriculum, and other aspects are included in religious education (RE).

Pupils also receive stand-alone sex education sessions delivered by a trained health professional.

Relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me

- Caring friendships

- Respectful relationships

- Online relationships

- Being safe

The majority of this course content is taught using materials on OneDecision which is the core of our PSHE curriculum and KAPOW Primary which is the basis of our Science Curriculum planning.